

## **AIR FORCE DEPLOYMENT BEHAVIORAL HEALTH WORKING GROUP**

Vision: “Armor up, prevent when you can, treat when you must”

Mission: Re-tool behavioral health efforts in all four deployment phases: pre-deployment, deployment, re-deployment, post-deployment

### **DEPLOYMENT BEHAVIORAL HEALTH WORKING GROUP SUBCOMMITTEES**

- Aerospace Issues (including Aerovac issues)
- Combat Stress Facility Operations
- CONOPS & Equipment Lists
- Deployment Strategic WG
- Empirically Based Treatments
- Forward Operating Bases
- Lessons Learned
- Marketing
- Medication Issues In-Theater
- Mentorship
- Operating Instructions
- Post-Deployment Reintegration Education
- Readiness Skills Verification Program Training Requirements
- Relationship to Other Services (Army, Navy, Marine Corps)
- Research
- Resiliency
- Special Populations
- Substance Abuse Prevention/Treatment In A Deployed Environment
- Webmaster

#### Attachments:

1. Mental Health UTC OIs
2. Mental Health UTC Websites
3. Mental Health UTC Readiness Skills Verification Program Training Requirements
4. Mental Health UTC Readiness Skills Verification Program Training Resources

## **MENTAL HEALTH UTC (FFGKV & FFGKU) OPERATING INSTRUCTIONS**

- Revise OIs (all written in 1998 and 1999)
  
- Current OIs located at <https://kx.afms.mil> look under-Functional View, Medical, click on each of the following buttons: Behavioral Health, Deployment, Readiness Skills & Deployment Tools, Deployment Resources, Operating Instructions, scroll through until you find the relevant OI
  - OI MH-1 Mental Health UTC Mission
    - Indicate role to FSBs and ISBs, operating a small vs large Combat Stress Facility (CSF)
  - OI MH-11 Prevention Mission
  - OI MH-12 ADAPT Program in a Field Environment
  - OI MH-21 Mental Health Record Management
  - OI MH-22 Commander Directed Mental Health Evaluations
  - OI MH-23 Management of High Risk Patients
  - OI MH-24 Medication Administration
  - OI MH-25 Drug Control in a Field Environment
  - OI MH-26 ATH Instruction Obtaining Lab Samples
  - OI MH-27 Substance Detoxification
  - OI MH-31 Admission Criteria to CSF
  - OI MH-32 Staff Responsibilities While Operating a CSF
  - OI MH-33 Twenty-Four Hour Manning of CSF and Outpatient Mental Health Clinic
  - OI MH-34 Mental Health Triage System
  - OI MH-41 Clinical Management of MH Patients on the Medical and Surgical Wards of Air Transportable Hospitals (ATHs)
  - OI MH-42 Aeromedical Evacuation Procedures for MH Patients During Deployments
  - OI MH-51 Deployment Requests for Mental Health Augmentation Team (MHAT) Equipment and/or Personnel
  - OI MH-52 Radio Procedures for Mental Health Providers
  - OI MH-53 Tele-Mental Health in a Deployed Environment
  - OI MH-54 Communications and Information
  - OI MH-55 Physical Location of the Outpatient MH Clinic and CSF
  - OI MH-56 Delivering MH Care to Victims of Biological or Chemical Weapons

## MENTAL HEALTH UTC WEBSITES

- Current CONOPs located at <https://kx.afms.mil> look under Functional View, Medical, click on each of the following buttons: Behavioral Health, Deployment, Readiness Skills and Deployment Tools, Readiness Skills Verification Program Training Resources, RSV Training Requirements, Readiness Overview, 1A Mental Health Concepts, Background Resources
  - May need to consult with owners of other UTC CONOPs such as CASF-FFVSF, FFVCF
- Current UTC equipment lists located at ??
- Current OIs located at <https://kx.afms.mil> look under-Functional View, Medical, click on each of the following buttons: Behavioral Health, Deployment, Readiness Skills & Deployment Tools, Deployment Resources, Operating Instructions
- Current training requirements located at <https://kx.afms.mil> look under-Functional View, Medical, click on each of the following buttons: Behavioral Health, Deployment, Readiness Skills & Deployment Tools, Readiness Skill Verification Program Training Resources, References, RSVP 42P/S Requirements Training List
  - Everyone should become familiar with MH techs RSVPs-4C CFETP
- Current training resources located at <https://kx.afms.mil> look under-Functional View, Medical, click on each of the following buttons: Behavioral Health, Deployment, Readiness Skills & Deployment Tools, Readiness Skill Verification Program Training Resources

**MENTAL HEALTH UTC (FFGKV & FFGKU)**  
**READINESS SKILLS VERIFICATION PROGRAM TRAINING REQUIREMENTS**

- Revise training requirements
- Current training requirements located at <https://kx.afms.mil> look under-Functional View, Medical, click on each of the following buttons: Behavioral Health, Deployment, Readiness Skills & Deployment Tools, Readiness Skill Verification Program Training Resources, References, RSVP 42P/S Requirements

Training List

- Readiness Overview
  - Explains mental health concepts related to deployment, including joint operations (Joint, Alliance, and Coalition)
    - Know the mental health issues that affect individual and unit effectiveness; the EMEDS and mental health concept of operations; and the differences in military cultures (services and other countries) that affect mental health issues.
  - Describes the relationship of combat stress to mission
    - Know the effects on mission completion of good and poor management of combat stress; understand the roles of leadership and of unit cohesion in managing cs.
- Deployable Contingency Operations
  - Operates a CSF, including maintaining records dependent on patient category
    - Know and follow the correct procedures for operating a combat stress facility (for example, conduct a table top exercise); understand the factors and characteristics that maximize effectiveness (for example, act out a BICEPS scenario). Maintain records dependent on patient category; Disease Non-Battle Injury (DNBI), Neuropsychiatric (NP), and Combat Stress Reactions (CSR).
  - Intervenes appropriately in cases of refugees, evacuees, POWs, and repatriated POWs
    - Know the rules of engagement and treatment of these populations. Know that only SERE-trained psychologists can treat these populations, by regulation.
  - Provides training on self-care, buddy-care, and promotes unit cohesion
    - Understand and be equipped with training for various settings to increase awareness of self-care and buddy-care activities that improve coping ability and resiliency. Understand methods to effectively incorporate new arrivals into their units and how to instruct commanders and supervisors in these methods.
  - Manages homesickness, separation, and support during deployment (manages grief and loss), including addresses family issues during deployment; adapts family advocacy program to deployed setting
    - Understand the grief and loss issues that arise on deployments; understand grief leadership techniques that could be provided to command structure; understand how to work effectively with chaplains on grief counseling. Understand how to deal with issues of homesickness, including separation during holiday celebrations; be equipped with appropriate instructional materials to provide training on these issues. Recognize situations that affect family functioning; be equipped with instructional materials to train deployed personnel and family members on predictable family

- problems and effective solutions; including reunion issues and keys to effective reunions. Recognize appropriate family advocacy issues for a deployed setting; understand how to intervene as necessary with family advocacy issues affecting deployed personnel; understand the importance of and how to adapt family advocacy policies to the culture of refugees and current setting.
- Responds to commanders needs, including organizational consultation and responding to impaired providers; briefs on gender-related issues seen in a deployed environment
    - Recognize ways increased stress of deployments can adversely affect commanders, creating special problems in deployed settings; understand role and unique issues related to evaluation of potentially impaired commanders; understand appropriate interventions and when needed; understand role in providing recommendations to command structure. Know importance of and methods to assess unit cohesion. Understand contextual issues of deployment relating to commanders requests for evaluation and appropriate recommendations to help remedy people problems. Identifies unique problems likely to effect personnel during a deployment. Recognize increased stress of deployment can adversely affect medical providers; understand role and issues in evaluating potentially impaired providers; understand appropriate interventions and when needed. Know gender issues frequently encountered in deployed environments and role in briefing deploying personnel on such issues. Know issues related to leadership consultation to help defuse tensions related to gender issues.
  - Manages mental health patients in a deployed setting, including managing substance abuse program; intervening with risk factors in the development of PTSD and provides full range of CIS management interventions; possess knowledge of how to with.....
    - Understand how to provide back-up support for safely maintaining mental health patients on medical/surgical wards; deployment specific aeromedical evacuation issues; determinates of which patients can be managed in theater, redeployed, and medically evacuated. Knows mental health management records procedures unique to deployment. Know issues related to effective administration of Substance Abuse programs in a deployed setting (AA groups). Understand the situations that are risk factors for the development of post traumatic stress disorder; be able to advise commanders and first sergeants; provide appropriate interventions including critical incident stress management. Effectively arrange, participate in, and/or lead various services appropriate to critical incident stress (CIS) management in disaster situations (e.g., defusings, debriefings, crisis interventions).
  - Readiness Skills NOS
    - Promotes psychological warfare resistance
      - Know ways to present in oral and written form material concerning resistance to enemy psychological operations; for example, the need for rumor control, keeping the troops accurately informed; and other effective measures to counter enemy disinformation.
    - Consults on psychological aspects of chemical/biological warfare (including homeland defense)
      - Know the psychological threats posed by weapons of mass destruction that would brief to individuals and command structure; understand best response to threats and in the aftermath of actual or suspected attack.

## READINESS SKILLS VERIFICATION PROGRAM TRAINING RESOURCES

- Current training resources located at <https://kx.afms.mil> under-Functional View, Medical, click on each of the following buttons: Behavioral Health, Deployment, Readiness Skills & Deployment Tools, Readiness Skill Verification Program Training Resources

### References

- Mental Health and Disaster Websites
- Bibliography of MH Readiness Related Issues
- RSVP 42P/S Required Skills Training List
- RSV Review Questions
- Follow-Up Studies of Veterans
- Follow-Up Studies of Veterans in War Psychiatry (book chapter)

### RSV Training Requirements

#### Readiness Overview

- 1A Mental Health Concepts
  - Sample Presentations
    - Deployed MH Team (PPT)
    - Joint Operations (PPT)
    - Deployed MH Provider and MH (PPT)
  - Background Resources
    - MH Augmentation Team CONOPS
    - Combat Stress in Joint Operations (book chapter)
    - MH Rapid Response Team CONOPS
    - AFI 41-106 Readiness Training
    - EMEDS Concepts Briefing (PPT)
    - AFTTD 3-42.7 Aerospace Medical Contingency Ground Support System
    - AFDD 2-4.2 Health Services
- 1B Combat Stress Reaction (CSR)
  - Sample Presentations
    - Army Battle Plan Training: CS Control
    - Combat Stress IV (Army)
    - Combat Stress III (Army)
    - Combat Stress II (Army)
    - Combat Stress I (Army)
  - Background Resources
    - Combat Stress Behaviors and Flowchart
    - Post Combat Re-Entry
    - Disabling and Disfiguring Injuries
    - Air Force Combat Psychiatry
    - Debriefing after Combat
    - Psychological Model of Combat Stress
    - Operational Procedures for Combat Stress Control (Marines)
    - Combat Stress Casualties
    - Combat Stress Prevention Techniques
    - Combat Stress Control and Battle Fatigue Treatment (Army)

- Combat Stress in Chechnya
- Leaders Actions to Offset Battle Fatigue Risks
- Combat Stress in MOOTW (Soldier Handout)
- Basic Principles for Prevention of CS (Soldier Handout)
- Combat Stress Health Affairs Presentation
- Aviation Stress and Fatigue Paper
- DoDD Combat Stress Control

## **Deployable Contingency Operations**

### 2A Operating a CSF

#### Sample Presentations

- Management of Inpatients
- On-Call Procedures
- CSF Operations
- CSF Location

#### Background Resources

- Sample OI-Admission to the CSF
- Sample OI-Aeromedical Evac Procedures for MH Pts During Deployment
- Sample OI-Staff Responsibilities While Operating a CS Unit
- Sample OI-Staffing the Outpatient MH Clinic
- Sample OI-Management of the CSF
- Sample OI-MH Record Management
- Sample OI-Location of the Outpatient Life Skills Center and CSF
- Routine Rules of Triage
- Sample OI-Twenty-Four Hour Manning of CSF and Outpatient MH Clinic

### 2B Interventions with Refugees and POWs

#### Sample Presentations

- MH Officer in MOOTW
- Refugees
- Refugee Issues
- POWs

#### Background Resources

- Prisoners of War
- Prisoners of War DoDD 2310.2 Personnel Recovery
- Prisoners of War-Joint Services SERE Agency Briefing
- Prisoners of War-AF Special Ops Command Repatriation Briefing
- Refugees-MH and Emergencies
- The Relief Worker Burnout Questionnaire
- Relief Organizations Contact Information and Websites
- Refugees-Intercultural Conflict Inventory
- Refugees-MH Refugees
- Refugees-Cultural Hints for Helping
- Refugees-Cultural Issues Worksheet
- Refugees-Humanitarian Assistance Exercise
- Refugees-Steps in Mission Assistance
- Refugees-Ethics in Humanitarian Assistance
- Refugees-Consultation During Humanitarian Assistance

- Refugees-Case Presentation
- Refugees-Conflict Resolution
- Refugees-Deployed MH Team
- Refugees-Dimensions of Culture
- Refugees-Intercultural Conflict Inventory
- Refugees-Humanitarian Assistance Roles
- Refugees-Introduction
- 2C Self-Aid and Buddy Care (also see Deployment Resource Section)
  - Sample Presentations
    - Boredom
    - MH Hygiene in Deployed Settings
    - Phases of Deployment
  - Background Resources
    - Leadership Stress Management Handout
    - Leadership and Team Building Presentation
    - What to Do for Battle Fatigue Handout
    - Escorting Soldier to the MH Clinic for Evaluation
    - Army Field Manual 21:11: First Aid and Psychological Reactions
- 2D Managing Deployment Adaptation Issues (also see Deployment Resource Sc)
  - Sample Presentations
    - Grief Presentation
    - Family and Deployment
    - Grief and Loss
    - Deployment Adaptation Speaker's Notes
    - Effects of Deployment Handout
    - Deployment Stress
  - Background Resources
    - Disorders of Loneliness and Frustration
    - Bibliography on Grief
    - Holiday Blues (handout)
    - Bibliography on Deployment Issues
    - Effects of Deployment
- 2E Responding to Organizational and Command Needs
  - Sample Presentations
    - Impaired Leaders/Providers
    - Command Consultation
    - Deployment for Women
    - Gender Issues
    - Command Consultation: Communication with CCs
  - Background Resources (also see Deployment, CISM, Gen MH Resource Section)
    - Communicating in a Crisis (a leaders guide)
- 2F Deployed Clinical Operations
  - Sample Presentations (also see Deployment, CISM, Gen MH, Aerospace Section)
    - Tele-MH
    - Stress Management and the Military Aviator
    - Special Ops

- PRP Program
- High Risk Populations
- Pre-Exposure Prep
- Flexible CISM Applications
- Family Evacuations
- Field Restraints
- Deployment Stress
- CISM
- CISM: Pre-Exposure
- CISM: Mitchell Model
- Background Resources (also see Deployment, CISM, Gen MH, Aerospace Sect)
  - Gulf War Illness
  - Conversion Disorders
  - Force Health Protection
  - Psychiatric Lessons of War
  - Aeromedical Evac of Psychiatric Casualties
  - Weapons Bearing Evaluations
  - Military Relevant Trauma
  - In-Service On Dealing with Angry Patients
  - MH Precautions Checklist for Medical Ward Attendants
  - Three MH Problems Related to Disaster
  - AFI 31-207 Firearms Duty

**Readiness Skills NOS**

3A Promotes Psychological Warfare Resistance

Sample Presentations

None

Background Resources

Counter Propaganda Notes

Introduction to PSYOP Notes

Counter Propaganda Briefing

Introduction to PSYOP Briefing

3B Psychological Aspects of Biological and Chemical Weapons

Sample Presentations

Psychological Aspects of Weapons of Mass Destruction

Psych Aspects of WMD

MOPP Gear Anxiety

Background Resources

Long-Term Health Impacts of Biological and Chemical Weapons

Psychiatric Casualties of NBC Weapons

Bio-Terrorism Reference Guide

Bio-Terrorism Quick Reference

WMD Care Procedures-Sample OI

Biological Weapons

Treatment of Gas Mask Phobia